Dr. Julene Tegerstrand

Spiritual Director, Peace Educator, Curriculum Designer, Researcher, Technologist

julenet@everydaypeacemaking.org Hull, Massachusetts

Education

Gonzaga University, Spokane, Washington
Ph.D. in Leadership Studies, 2021
Dissertation: Christian Contemplative Praxis for Women Religious Peace Leaders Engaged in Conflict Transformation
Committee: Kem Gambrell, Chris Francovich, Doug Hardy, Judith Oleson

Nazarene Theological Seminary, Kansas City, Missouri
Master of Divinity, Cum Laude
Thesis: One-ing in Christ: Living in Our True Humanity Through the Eyes of Julian of Norwich

Point Loma Nazarene University, San Diego, California
Bachelor of Arts in Theology and Philosophy, Magna Cum Laude

Certifications

Certificate in Spiritual Direction, Mission Centered Education
Ordained Elder, Church of the Nazarene

Grants

2023	Bridging the Gap Grant, Interfaith America – Principal Investigator, $4800
2021	Syllabus Development Grant, Interfaith America – Principal Investigator, $500
2021-2024	Missions and Ministry Grant, Defreitas – Principal Investigator, $150,000
2018-2021	Missions and Ministry Grant, Defreitas – Principal Investigator, $120,000

Continuing Education and Training

2025-2026	Storytelling Scholar with Narrative Project with the Christian Century and Sacred Writes
2024-2025	Soul of Leadership, Shalem Institute and Notre Dame Spirituality Institute
2023-2024	Bridge Building Facilitator Training, Interfaith America
2024	Teaching Interfaith Understanding, Council for Independent Colleges, and Interfaith America
2023	Podcasting and Storytelling, StoryCenter
2023	Digital Storytelling, StoryCenter
2023	Enter the Chaos: Engage the Difference to Make a Difference Training, Institute for Communal Contemplation and Dialogue
2022-2023	Peace Leadership Academy, Heart to Heart Inc
2021-2022	Reflective Structured Dialogue Facilitator Training, Bob Stains Conflict Transformation
2020	Dialogue Practices in the Classroom, Essential Partners
2018	The Embodied Present Process: Level 1 Facilitator Training
2018	Introduction to Reflective Structured Dialogue

Professional Work History

Dr. Julene Tegerstrand, curriculum vitae

Restwork
Learning and Evaluation Lead (Contract)
2026-Present

- Independent contract role: lead learning and evaluation for Restwork's care and practice for health care teams and other caregivers.

StoryCollab
Faculty Training Co-Lead (Contract, annual two-week training)
2024-Present (once a year)

- Each year, co-lead a two-week faculty training in storytelling and podcasting, and in using both in curriculum design.

Everyday Peacemaking, LLC, Hull, Massachusetts
Principal (Part-time)
July 2024-Present

- Build research-informed programs that turn spiritual formation and dialogue theory into field-ready habits for workplaces, churches, and civic groups.
- Facilitated 4-week synchronous online learning series: Pathways to Peace: Essential Communication Skills for Christian Leaders.

Nazarene Theological Seminary, Kansas City, Missouri
Adjunct Professor of Christian Spirituality
January 2025-present

- Taught Doctor of Ministry courses (Synchronous, Asynchronous, and International Travel) in spiritual formation and pastoral practice.
- Advise DMin students through proposal, research design, and dissertation completion.
- Curriculum Development for Certificate in Spiritual Direction
- Consulting on redesign for Dmin in Spiritual Formation

Northwest Nazarene University, Nampa, Idaho
Adjunct Professor of Christian Spirituality
August 2025-Present

- Facilitated asynchronous course in MA in Spiritual Formation

Eastern Nazarene College, Quincy, Massachusetts
Professor of Intercultural Studies
2016-2024 (Completing December 2024)

- Developed and led the Intercultural Studies major; taught Spiritual Formation, World Religions and Intercultural Studies courses; wrote and implemented grants to enhance missional education.
- Contributed to Regional USA Regional Course of Study recertification and program reviews.

Gonzaga University, Spokane, Washington
Graduate Assistantship for Doctoral Program
2014-2015

- Evaluated student papers, researched service learning, and initiated a project on cultural competency within short-term missions.

Northwest Nazarene University, Nampa, Idaho
Director of Student Ministries
2009-2016

- Oversaw mission programs, managed budgets, trained teams, and provided spiritual direction and leadership for various events.

Korean Nazarene University, Cheonan City, South Korea
English Conversation Instructor
2004-2008

- Taught English conversation and preaching, served as associate chaplain, and mentored students.

Westport Salvation Army, Kansas City, Missouri
Outreach Ministry Coordinator
2000-2004

- Coordinated programs for elder women and under-resourced middle and highschool students.

Academic Teaching

Eastern Nazarene College, Quincy, MA

2024	Intercultural Pilgrimage: Reconciliation and Missions in Rwanda and Kenya
2016-2024	World Religions: Emphasis on Interfaith Leadership and Bridge Building
2017-2024	Introduction to Intercultural Studies: Christian Eschatology, Dialogue, History of Missions, Multicultural Leadership
2017-2023	Intercultural Dialogue: Communication, Non-violent Communication, Reflective Structured Dialogue
2017-2023	Intro to Spiritual Formation
2018-2023	Leadership Power and Privilege in Diverse Contexts
2012-2023	Reconciliation and Justice
2023	Agents of Change: Community Development and Leading Change
2017-2023	Intercultural Studies Practicum
2021	Intercultural Pilgrimage: Camino De Santiago
2020-2021	Senior Seminar: Discernment, Soul-full Leadership, and Hospitality
2018	Intercultural Pilgrimage: Peacemaking in Kenya
2017	Missions History
2016	Introduction to Missions

Northwest Nazarene University, Nampa, ID

2025	Nurturing the Inner Life (MA in Spiritual Formation)
2011-2015	Cornerstone - First Year Experience
2009-2010	Intermediate English Conversation

Korean Nazarene University, Cheonan, South Korea

2004-2008	Level 1, 2, and 3 Conversational English
2006	Preaching to Children in English
2005	Missions in English

Nazarene Theological Seminary

2025	Pilgrimage and Formation (Celtic Spirituality Pilgrimage in Ireland-Dmin)
2025	Spiritual Direction: Living with Questions in a Complex World (Dmin)
2025	Customized Courses - DMin Dissertation, 1st Year and 2nd Year
2007	Preaching to Children: Course Mentor

Professional Affiliations

2012-present	Spiritual Direction International
2020-present	International Leadership Association
2021-present	American Academy of Religions
2022-present	Society of Christian Spirituality

Retreats

2024	Nonviolent Communication and High School Leadership Retreat: Fontbonne High School Ladies (Co-facilitated)
2023	Bridge Building Retreat (Facilitator and Organizer)
2022	The Call Retreat (Facilitator and Organizer)
2021	The Summons (Facilitator and Organizer)
2019	Non-Violent Communication (Facilitator and Organizer)

International Experiential Education Leadership

2025	Ireland, NTS Dmin Course (Pilgrimage Facilitator)
2024	Rwanda and Kenya, ENC Course (Facilitator and Organizer)
2022	France and Spain: Camino De Santiago Pilgrimage, ENC Course (Facilitator and Organizer)
2018	Kenya: Peacemaking in Kenya, ENC Course (Facilitator and Organizer)
2015	Medellin, Colombia, NNU On a Mission (Co-Facilitator and Organizer)
2014	Medellin, Colombia, NNU On a Mission (Co-Facilitator and Organizer)
2013	Kingston, Jamaica, NNU On a Mission (Co-Facilitator and Organizer)
2012	Multiple Cities, Ghana, NNU On a Mission (Facilitator and Organizer)
2011	Vancouver, Canada, NNU On a Mission (Facilitator and Organizer)
2010	Vancouver, Canada, NNU On a Mission (Facilitator and Organizer)
2009	Multiple Cities, Ukraine College Team (Co-Facilitator and Organizer)

University and Seminary Service

2022-2024	Faculty Council: Tenure Track Representative
2021-2023	Racial Justice Implementation Team: Co-led cross-campus listening and dialogue process.
2017-2022	General Education Committee: Evaluated and reviewed the program.
2015-Fall	Cornerstone Small Group Program: Envisioned, created, and managed the freshman small group program.
2009-2016	Chapel Speaker, NNU Chapel Program
2009-2016	Preached and led the liturgy at Freshman Retreat, NNU
2009-2016	Facilitated spiritual formation seminars at Lead Retreat, NNU
2013-2026	Spiritual Director at Spiritual Formation Retreat for NNU students
2014	Member of Spiritual Formation and Chapel Policy Review Task Force
2013	Member of NNU's search committee for Women's Soccer Coach and Women's Basketball Coach
2009-2010	Member of NNU's task force for servant leadership
2003-2004	Nazarene Theological Seminary Student Association, Student Body President
2002-2003	Nazarene Theological Seminary Student Association, Spiritual Life Vice President
2002	Participant in Montreat College's Discovery Leadership Program
2001-2002	Nazarene Theological Seminary, Co-Chairman for Community Day of Learning

Honors/Awards

2023	Faculty Teaching Interfaith Understanding with Interfaith America and Council for Independent Colleges
2011	Selected as a "New Contemplative" for Spiritual Director's International

2004 Wyncoop Center for Women in Ministry Research Award; One-ing in Christ: Living in Our True Humanity Through the Eyes of Julian of Norwich

Publications

- Tegerstrand, Julene. "Making Room for Reconciliation." One In Christ: Reconciliation, Justice, and Mutuality. Ed. Keith Schwanz. Kansas City: Storian, 2013. 13-21. Print.
- Tegerstrand, Julene. "Hearing Between the Lines: The Practice of Listening for God." Spiritual Formation: A Wesleyan Paradigm. Ed. Diane Leclerc and Mark Maddix. Kansas City: Beacon Hill, 2011. 138-146. Print.

Presentations

- Agents of Change: Student Interviews with Christian Community Development Leaders. Presentation at ENC Academic Symposium, 2024.
- Giving Witness to Sanctification Through Conflict Transformation. Paper Presentation at Wesleyan Theological Society, 2023.
- Communal Dignity: Toward a Counterbalance of Individual Dignity for Human Rights and Peace. Presentation at Gonzaga Leadership Symposium, 2018.
- Communal Dignity: Toward a Counterbalance of Individual Dignity for Human Rights and Peace. Presentation at ENC Academic Symposium, 2018.
- Women Leading Conflict Transformation through Christian Contemplative Praxis, Presentation at Gonzaga Leadership Symposium, 2019.
- Spiritual Formation of Graduate Students. Poster Presentation at Leadership Symposium. Gonzaga University, April 2016.
- Dialogical Service: Listening for mutuality, Research Presentation at Leadership Symposium. Gonzaga University, April 2016.
- Dialogical Service: Listening for the Common Stroke. Workshop for the Wesley Conference at Northwest Nazarene University, Nampa, Idaho, 2016.
- Spiritual Direction and Millennial's Webinar, Spiritual Directors International, July 2015
- Pope Francis: A Global Leader. Poster Presentation at Leadership Symposium, Gonzaga University, April 2015
- Silence and Solitude for Lent, Lenten presentation, Cathedral of the Rockies United Methodist Church, Boise, March 2015
- Christian Formation of Millennials, M15 Nazarene Conference, February 2015
- The Praying Life, Nazarene Women's Retreat Speaker and Spiritual Director, October 2014
- What is Spiritual Direction? Presentation on Spiritual Direction to High School Students, Call Conference 2014, Nampa, Idaho, October 2014
- Spirituality of Millennials. Workshop with Rhesa Higgins at the Spiritual Directors International Annual Conference in Santa Fe, New Mexico, April 2014.
- Listening For God. Chapel Series at Northwest Nazarene University, Fall 2013
- Spiritual Direction for the First Half of Life. Workshop co-presented with Rhesa Higgins at Spiritual Directors International Annual Conference, Minneapolis, Minnesota, 2013.
- Living Lectio Divina: Learning from our leadership experiences. Workshop for the Wesley Conference at Northwest Nazarene University, Nampa, Idaho, 2013
- Listening For God, Workshop for the Wesley Conference at Northwest Nazarene University, Nampa, Idaho 2010